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Assisted Living's Voice in Texas

# Confidently Delegate: Best Practices for Assisted Living RNs

Panel Discussion

# Panelist Introductions



Brenda Calbow, RN-BC  
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iNurse Delegate



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The Aspenwood Company



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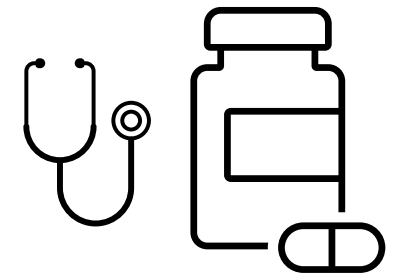
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## RN Delegation Overview

# When does RN Delegation Apply? §553.261(a)(1)

- A nurse is NOT required for an ALF to complete a Comprehensive Evaluation (Assessment) and Service (Care) Plan
- The ALF evaluates the resident's medication management needs.
- If a resident cannot self administer, be supervised and requires medications to be administered, the community has two options: 1. Employ a licensed nurse or CMA\* or 2. Offer RN Delegation for medication administration
- For RN Delegation: An RN must ASSESS the resident to determine if they are stable and predictable for RN Delegation.

*\*CMA roles have limitations and special requirements*

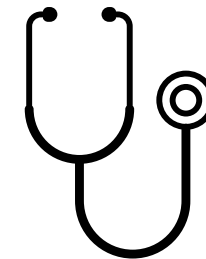


# RN Delegation | Defined by Texas Board of Nursing

*(Ch 225 for Independent Living Environments)*

Delegation is an essential nursing skill that RNs use to maximize the nursing care that clients receive.





## RN Delegation is based upon:

1. The patient care setting
2. The needs of the patient and the stability of the patient's condition
3. The RN assessment of potential harm
4. The complexity of the task
5. The predictability of the outcomes
6. The abilities of the unlicensed assistive personnel (UAP) to whom the task is delegated
7. The context of other patient needs to achieve the most benefit from nursing care. Since the RN is responsible and accountable for safe and appropriate delegation,
8. Delegation is utilized at the RN's discretion

# Criteria for an RN to apply delegation

(TX BON Ch 225)

1. The client resides in an independent living environment (home, group home, ALF, school, etc)
2. The client or responsible adult is willing and able to participate in decisions about management of healthcare
3. The task is for a stable, predictable condition as defined by Board Rule 225.4(11)

# RN Delegation | Defined by HHSC for ALF's

## (§553.3 Definitions)

“(19) Delegation--In the assisted living facility context, written authorization by a registered nurse (RN) acting on behalf of the facility for personal care staff to perform tasks of nursing care in selected situations, where delegation criteria are met for the task.

The delegation process includes nursing assessment of a resident in a specific situation, evaluation of the ability of the personal care staff, teaching the task to the personal care staff, ensuring supervision of the personal care staff in performing a delegated task, and re-evaluating the task at regular intervals.”





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# Panel Discussion

Moderated by:

Rose Saenz, LVN, CALM, MBA

TALA Workforce Development Advisor



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Grey areas with  
RN Delegation and HMA's



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## Delegation of PRNs



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RN's transitioning OUT and  
new RN's coming IN



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Buildings with a mix of CMA's  
and UAPs



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## Delegating Sliding Scale Insulin



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# QUESTIONS

# RESOURCES

- [Texas Administrative Code Title 22, Part 11](#) (Texas Board of Nursing statute rules)
- [Texas Administrative Code Title 26, Part 1, Chapter 553](#) (Licensing Standards for Assisted Living Facilities)
- HHSC Provider Letters
  - [PL 2023-22](#) Medication Services for Residents in Assisted Living Facilities
  - [PL 2021-41](#) Health Maintenance Activities
- RN Delegation & HMA's Worksheet, [Tx HHSC State Form 8585](#), 22TAC Ch 225
- Texas Board of Nursing ([RN Delegation Resource Packet](#))
- Texas Board of Nursing (Health Maintenance Activities Definitions – [§225.4\(8\) Definitions](#))
- Texas Administrative Code: Medication Aide Program Requirements Rule [§557.105](#)





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# Thank You

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