

TALA 2020 **LIVE** Webcast Conference Schedule

NURSING SCHEDULE (Monday & Tuesday)

Monday, April 13th, 2020

- 8:00 AM - 9:30 AM Jennifer Brackett – “The Value of Simulation Learning and Other Forms of Empathy Training in Assisted Living, such as Creating a Culture of Care and Building Patience”
- 9:30 AM - 9:45 AM BREAK
- 9:45 AM - 10:45 AM Dr. Sandi Petersen – “Infection Control in Assisted Living: COVID-19”
- 10:45 AM -11:00 AM BREAK
- 11:00 PM - 12 PM Dr. Sandi Petersen – “Developing a Skin Program in Assisted Living”
- 12:00 PM - 1:00 PM LUNCH BREAK
- 1:00 PM - 2:00 PM Scott Abel – “LEADING WITHOUT AUTHORITY: Getting Results When You’re Not in Charge” (Part 1)
- 2:00 PM - 2:15 PM BREAK
- 2:15 PM - 3:15 PM “LEADING WITHOUT AUTHORITY: Getting Results When You’re Not in Charge” (Part 2)
- 3:15 PM - 3:15 PM BREAK
- 3:30 PM - 4:30 PM Hollie Glover - Healthy Brain Aging (Part 1)
- 4:30 PM - 4:45 PM BREAK
- 4:45 PM - 6:00 PM Hollie Glover - Healthy Brain Aging (Part 2)
- END OF DAY 1 (7.5 CEU’s)

NURSING SCHEDULE (Monday & Tuesday)

Tuesday, April 14th, 2020

- 8:00 AM - 9:15 AM Ty Jones – “How to Develop Future Leaders, Reduce Turnover, and Improve Employee Satisfaction”
- 9:15 AM - 9:30 AM BREAK
- 9:30 AM -10:30 AM Linda Abel – “Dementia Friendly”
- 10:30 AM -11:30 AM Richard Cheng – “Impact of Cannabis on Long Term Care”
- 11:30 AM - 12:30 PM LUNCH BREAK
- 12:30 PM - 2:15 PM Welcome by Diana & Keynote Presenter – Jennifer FitzPatrick “From Burnout to Boundaries: Foolproof Strategies You Can Implement Today!”
- 2:15 PM - 3:15 PM Melanie Bunn: “Making Helping Helpful: Adapting Care Approaches to Dementia State” (Part 1)
- 3:15 PM - 3:30 PM BREAK
- 3:30 PM - 4:30 PM Melanie Bunn: “Making Helping Helpful: Adapting Care Approaches to Dementia State” (Part 2)
- 4:30 PM - 5:30 PM Jennifer Fitzpatrick: “Social Media Ethics in Healthcare: Designing A Viable Float Plan Policy”

END OF DAY 2 (8 CEU's)

Session Descriptions

NURSES: Monday, April 13th

8:00 a.m. – 9:30 a.m. – Jennifer Brackett: “The Value of Simulation Learning and Other Forms of Empathy Training in Assisted Living, such as Creating a Culture of Care and Building Patience”

Both the prevalence and the absolute number of individuals living with dementia are growing, and healthcare providers will treat a greater number of individuals living with dementia. According to the Alzheimer’s Association (2019) the growth of the older adult population – the population with the highest risk of experiencing – and lack of a cure means that patients are more likely to arrive in healthcare settings with dementia. Patients with dementia have multiple health and social needs depending on the disease stage. Providers must have a strong understanding of how this disease manifests to provide the care that is required. Experts agree that health care workforce training is central to creating more dementia-friendly healthcare settings. It is imperative that providers increase awareness of knowledge about cognition and dementia. Simulation learning is a powerful tool that can challenge common assumptions about dementia and support enhanced empathy and attitudes towards older adults living with dementing illnesses. Healthcare trainees who participate in dementia simulation report heightened empathy and desire to make dementia-friendly changes in their practice and communities. As such, simulation learning may provide a means to enhance Dementia Friendly approaches in healthcare settings and thereby ensure healthcare that meets the needs of those living with dementia.

9:45 a.m. – 10:45 a.m. – Dr. Sandi Petersen: “Infection Control in Assisted Living: Beating the Bugs”

This session will provide an overview of infection control challenges in assisted with regard to infectious diseases. The speaker will provide strategies for coping with preventing spread of infection in this unique and challenging setting.

11:00 a.m. – 12:00 p.m. – Dr. Sandi Petersen: “Developing a Skin Program in Assisted Living”

This session will provide attendees with strategies for dealing with skin impairment in the assisted living setting. As acuity increases, so does the incidence of complicated wound management and skin breakdown, necessitating the development of a comprehensive management strategy.

1:00 p.m. – 2:00 p.m. – Scott Abel: “LEADING WITHOUT AUTHORITY: Getting Results When You’re Not in Charge” (Part 1)

We’ve all been in that spot where we’re responsible for results but have to work through people we don’t manage. So how do you get people to cooperate and collaborate when you’re not their boss? This presentation provides practical tools for participants to learn how to leverage their most important asset for the benefit of their organization – their influence.

2:15 p.m. – 3:15 p.m. – Scott Abel: “LEADING WITHOUT AUTHORITY: Getting Results When You’re Not in Charge” (Part 2)

(Part 2 of Scott Abel’s Session) We’ve all been in that spot where we’re responsible for results but have to work through people we don’t manage. So how do you get people to cooperate and collaborate when you’re not their boss? This presentation provides practical tools for participants to learn how to leverage their most important asset for the benefit of their organization – their influence.

3:30 p.m. – 4:30 p.m. – Hollie Glover: Healthy Brain Aging (Part 1)

The Healthy Brain Aging Program takes a holistic approach to healthy brain aging. It teaches healthy behaviors and promotes independent aging.

- Explains the differences between normal age-related cognitive changes and abnormal changes and defines dementia and Alzheimer's disease,
- Discusses in-depth how lifestyle choices influence our brain health including diet, exercise, sleep, managing stress, cognitive fitness and socialization and,
- Helps individuals develop strategies for optimal brain aging and significantly lower their risk for Alzheimer's disease or a related dementia
- It is an interactive program with fun engagements to learn how to take care of our brains as we age. It involves all of the senses as well as learning entertaining ways to better memorize and remember.

4:45 p.m. – 6:00 p.m. – Hollie Glover: Healthy Brain Aging (Part 2)

(Part 2 of Hollie Glover's Session) The Healthy Brain Aging Program takes a holistic approach to healthy brain aging. It teaches healthy behaviors and promotes independent aging.

- Explains the differences between normal age-related cognitive changes and abnormal changes and defines dementia and Alzheimer's disease,
- Discusses in-depth how lifestyle choices influence our brain health including diet, exercise, sleep, managing stress, cognitive fitness and socialization and,
- Helps individuals develop strategies for optimal brain aging and significantly lower their risk for Alzheimer's disease or a related dementia
- It is an interactive program with fun engagements to learn how to take care of our brains as we age. It involves all of the senses as well as learning entertaining ways to better memorize and remember.

NURSES: Tuesday, April 14th

8:00 a.m. – 9:15 a.m. – Ty Jones: "How to Develop Future Leaders, Reduce Turnover & Improve Employee Satisfaction"

At the core of leadership excellence is the need to be a leader that cares about people and positioning them to be successful. As an Executive Director are any of your departmental directors fully equipped to lead the community if you were to have an extensive absence? As a Regional Director have you cultivated one of your EDs to be fully ready to be promoted from within should another Regional Director role become available? As a leader, are you successfully onboarding and integrating millennials? Is your overall team better this year than they were last year? Finally, are you intentionally implementing effective strategies on a monthly basis to reduce turnover and improve employee satisfaction while simultaneously increasing team performance? The development, turnover, and satisfaction of team members are essential topics that always have been and will continue to be critical factors to the success of communities, regions, and companies. These key areas impact NOI, census, and resident satisfaction while also either contributing to your HR departments' great efforts or hindering them from being maximized. Community and regional leadership play a big role in driving HR's vision of people development and satisfaction, let's discuss how we can be even better in supporting them with the realization of achieving that with excellence.

9:30 a.m. – 10:30 a.m. – Linda Abel: “Dementia Friendly”

This course will train Assisted Living leaders to be Dementia Friends trainers, called Champions in the Dementia Friends community. It will enable them to use the Dementia Friends training for their staff as well as out in the larger community.

10:30 a.m. – 11:30 a.m. – Richard Cheng: “Impact of Cannabis on Long Term Care”

This session will discuss the general legal status of cannabis and its variations, including hemp CBD, medical cannabis programs and related cannabinoids, and the impact it is having on long term care. The presentation will identify legal liabilities, physician trends and other long-term care provider trends as it relates to cannabis and how the topic is managed.

12:30 p.m. – 2:15 p.m. – Welcome and Keynote, Jennifer Fitzpatrick: “From Burnout to Boundaries: Foolproof Strategies You Can Implement Today!”

Boundaries are the invisible line between the patient and the healthcare professional. It is critical to establish boundaries early, reinforce them often, and know if and when to make an exception. How do we balance offering empathic clinical services while maintaining professional appropriate boundaries? Join us for a practical talk on how to improve your boundary skills with family caregivers and patients as both a clinician and a manager.

2:15 p.m. – 3:15 p.m. – Melanie Bunn: “Making Helping Helpful: Adapting Care Approaches to Dementia State” (Part 1)

Caring is complicated when dementia is involved, whether you are doing, monitoring, or receiving the care! But it doesn't have to be! Switching from “doing to” to “doing with” by making small changes in communication and approach can make life better for everyone involved. This interactive session offers strategies to identify GEMS state (level of progression) and adapt visual, verbal and hands-on care approaches to optimize interaction and outcome.

3:30 p.m. – 4:30 p.m. – Melanie Bunn: “Making Helping Helpful: Adapting Care Approaches to Dementia State” (Part 2)

(Note: This session part 2 of this topic) Caring is complicated when dementia is involved, whether you are doing, monitoring, or receiving the care! But it doesn't have to be! Switching from “doing to” to “doing with” by making small changes in communication and approach can make life better for everyone involved. This interactive session offers strategies to identify GEMS state (level of progression) and adapt visual, verbal and hands-on care approaches to optimize interaction and outcome.

4:30 p.m. – 5:30 p.m. – Jennifer Fitzpatrick: “Social Media Ethics in Healthcare: Designing A Viable Float Plan Policy”

It seems like every healthcare organization is posting pictures and stories on Twitter, Facebook, Snapchat, Instagram and even LinkedIn. Is this ok? This interactive session will help healthcare professionals of different backgrounds following different codes of ethics determine what is the most ethical course of action when it comes to social media at work. Also discussed will be how to guide family caregivers on this issue.